

Volunteer Reflection Essay

Doing Good in Communities, W18

Assignment 3

Due Date: April 10, 2018¹

Assignment Instructions - This assignment will be graded out of 150 points and is worth 15% of your final grade. The purpose of this assignment is to help you get more from your volunteer experience by critically reflecting on it.

UBC defines² reflection as the process through which students use their critical thinking skills to analyze their experiences, attitudes, beliefs and how they were shaped or changed by their volunteering or civic engagement experience.

For the assignment, here is what you have to do

1. Begin your reflection with these questions - [guided reflection questions](#) . You don't have to generate responses to ALL of these questions, but I recommend that you at least read through and think about them at least briefly.
2. Use the responses to the questions to seed your writing. DO NOT submit just the responses but use them to write a compelling and coherent essay.
3. Minimum word limit 1000 words. Maximum word limit 5000 words.
4. A good essay will personalize your volunteer experience and will make connections between your experience(s), your vision statement and your future personal and professional goals. A detailed grading rubric is on the next page

¹ To be successful in this assignment calls for a thoughtful synthesis, which takes time. Please do not put it off till the end.

² <http://students.ok.ubc.ca/cslprogram/what-is-it/reflection.html>

Criteria	Superior (40-50 points)	Sufficient (30-40)	Minimal (20-30)	Poor (0-20)
Depth of Reflection	Response demonstrates an in-depth reflection on, and personalization of the volunteering experience. Viewpoints are insightful.	Response demonstrates a reflection on, and personalization of the volunteering experience. Viewpoints are supported.	Response demonstrates a minimal reflection on, and personalization of the volunteering experience. Viewpoints are not supported.	Response lacks reflection. Viewpoints are missing.
Structure	Writing is clear, concise, and well organized with excellent sentence/paragraph construction. Thoughts are expressed in a coherent and logical manner. There are no more than three spelling, grammar, or syntax errors per page of writing.	Writing is mostly clear, concise, and well organized with good sentence/paragraph construction. Thoughts are expressed in a coherent and logical manner. There are no more than five spelling, grammar, or syntax errors per page of writing.	Writing is unclear and/or disorganized. Thoughts are not expressed in a logical manner. There are more than five spelling, grammar, or syntax errors per page of writing.	Writing is unclear and disorganized. Thoughts ramble and make little sense. There are numerous spelling, grammar, or syntax errors throughout the response.
Connections with Course	Response shows strong evidence of synthesis of ideas presented and insights gained throughout the entire course. The implications of these insights for how you may continue to “Do Good” through your life and are thoroughly detailed , as applicable.	Response shows strong evidence of synthesis of ideas presented and insights gained throughout the entire course. The implications of these insights for how you may continue to “Do Good” through your life and are well documented , as applicable.	Response shows strong evidence of synthesis of ideas presented and insights gained throughout the entire course. The implications of these insights for how you may continue to “Do Good” through your life and are somewhat discussed	Response shows strong evidence of synthesis of ideas presented and insights gained throughout the entire course. The implications of these insights for how you may continue to “Do Good” through your life and are poorly discussed . ³

³ Grading scheme adapted in part from https://web.uri.edu/assessment/files/reflection_rubric.doc